



Emergency Pantry Program

Our Mission

To support senior independence through meals, shelter, education and community.

Our Vision

No Atlanta senior is hungry, cold, or forgotten.

Hunger Facts

- Hunger is a serious issue for Atlanta seniors.
- 1 out of every 6 seniors in GA is food insecure.
- 369 seniors are on the MOWA waiting list for meals.
- Food Insecurity improves for 95% of seniors who receive our meals for 6 months or more.
- 90% of meal services seniors are able to remain in their homes & communities six months or more after services.



Background of MOWA's Emergency Pantry Program

Meals On Wheels Atlanta established the Emergency Pantry Program in 2015 for seniors who we are not already serving through our home-delivered meals program but who need help. Most of the seniors served through this program are on our waiting list for home-delivered meals and need emergency assistance. The seniors receive a one-time donation pantry bag of nutritious food. The more food that is donated for this program, the more seniors we can assist.

How You Can Help Our Pantry

- We rely on donations to stock our food pantry.
- Organize a canned food drive with your church, school or business.
- Volunteer to organize our pantry and pack emergency bags of food.
- Volunteer to deliver the pantry bags to the seniors who are receiving the bags of food.



List of the Items Needed for our Emergency Food Pantry:

- Meals in a can (stew, chili, soup)
- Tuna and canned meat
- Peanut butter
- Canned foods with pop-top lids
- Low-sugar cereals
- 100% fruit juices in single serving boxes
- Canned fruit packed in juice
- Canned vegetables (low salt)
- Whole grain pastas
- Graham crackers
- Unsweetened applesauce
- Canned tomato sauce
- Crackers
- Fruit cups
- Pretzels
- Granola bars (without peanuts)

**New Reusable Bags are needed for packing.*

**Small cans, jars and containers are better than large ones, since we serve many seniors each month.*

PLEASE NOTE: All donated items must follow the criteria below.

- Preferably low sodium cans
- Preferably new or undented cans
- No used or open packages
- No Expired Foods
- No MSG or High Fructose Corn Syrup

Directions for Dropping Off Pantry Items:

Donations of food may be dropped off in our lobby during normal business hours.



If you have questions or need assistance, please call 404-351-6194 or email volunteercoordinator@mealsonwheelsatlanta.org.

THANK YOU!!!

**Meals On Wheels Atlanta
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